

Main organizer: ŠK POWERFIT BRATISLAVA

Competition date: 28.05.2022

Place: Ružinovská 2747/28, 821 04 Ružinov

Promoter of competition: Iveta Hauserová

Leader of competitors:

Judges: 5 members

Applications and informations: Applications can be submitted electronically by May

www.zbodyfit.com/competition/cestne-prehlasenie.php?sutaz=139

<https://www.facebook.com/Media4rent-Natural-Cup-821447314650991>

Competitors will pay for the startup at registration!

Informations: ivetfit@gmail.com

Entry fee competition 50 euro European Powerfit Natural Cup

Only competitors and trainers will have access to changing room and warm-up area.

Trainers will be paid 5 euros for entry to changing room. The organizer will make the most of effort to prevent theft, but warns of alertness. Organizer is not responsible for any loss. We ask competitors and also trainers to take care about their colors and don't pull out seats, carpets and walls too.

Pollution of the premises outside of changing room by competitors will be penalized by 20€

Contestants at 1st – place in each category will receive medals, diplomas and prizes

2-3 place in each category

Reservation competition Sank spray pain Protan

<https://protansk.sk>

HOTELS

www.hotelbaronka.sk

www.hotelbratislava.sk

PROPOSITION FOR COMPETITION OF POWERFIT NATURAL CUP BRATISLAVA

INFORMATION

Presentation 27.05.2022 time 17.00-19.30 the place competition

28.05.2022

7.00 – 9.00 – presentation of all competitors

9.15 – 9.30 – meeting of competitors, trainers, judges

9.45 – 18.00 – semi-final + announcement results

Bodybuilding Teenage (15-18 years)

Bodybuilding junior (to 23 years) up to 175 cm

Bodybuilding junior (to 23 years) over 175 cm

Fitness bikini Teenage (15-18 years)
Fitness bikini junior (to 23 years) up to 164 cm
Fitness bikini junior (to 23 years) over 164 cm
Fitness bikini up to 164 cm
Fitness bikini up to 170 cm
Fitness bikini over 170 cm
Bikini Mamas
Bikini over 35 years
Wellness
Ms. Physique
Masters I –(40-50) years
Masters II – (50-60) years
Masters III – (over 60) years
Fitness figure – up to 165 cm
Fitness figure – over 165 cm
Fitness figure – over 35 years
Sport model – up to 163 cm
Sport model – up to 168 cm
Sport model – over 168 cm
Sport model – over 35 years
Mr. Physique – up to 23 years
Mr. Physique – up to 180 cm
Mr. Physique – over 180 cm
Clasic physique man
Mens up to 175 cm
Mens up to 180 cm
Mens up over 180 cm
Men Athletic

Physical disability
Mixed pairs

Competitors will be presented with identity card/passport and valid registration card with valid license for 2022 with CD disc where will be only one music recording on free presentation yourself on stage (unless the music is recorded in the electronic application form). Only coach will have access to presentation whose competitor has previously entered in the application with the number of his/her ID card/passport, he will get from organizer signification as a „coach“ this signification he is necessary wear on and if he is requested by the organizer he is forced to submit identity card of competitors as well as himslef.

The competition is intendend for athletes who are prepared to compete natural way, it means without using any prohibited substances and adherence to the Anti-Doping Codex. Competitors compete in accordance with appliciable rules and competition rules for natural bodybuilding and fitness. The competitors fully accepts the completion rules and penalties in case of violation.

If the organizer discovers that the competitor does not meet certain conditions resulting from the competition order will be eliminated from the competition/disqualified.

Timely completed and sent electronic application form at www.sank.sk The competitors will pay the starting fee for the presentation of the 50 € start and 20€ contribution to the doping tests. The deadline for applications is 22.05.2022

Good healthy status – By signing the applications for competition, the competitors confirm that they compete on their own accountability at the same time we recommend to each participant a helthy check-up at your doctor.